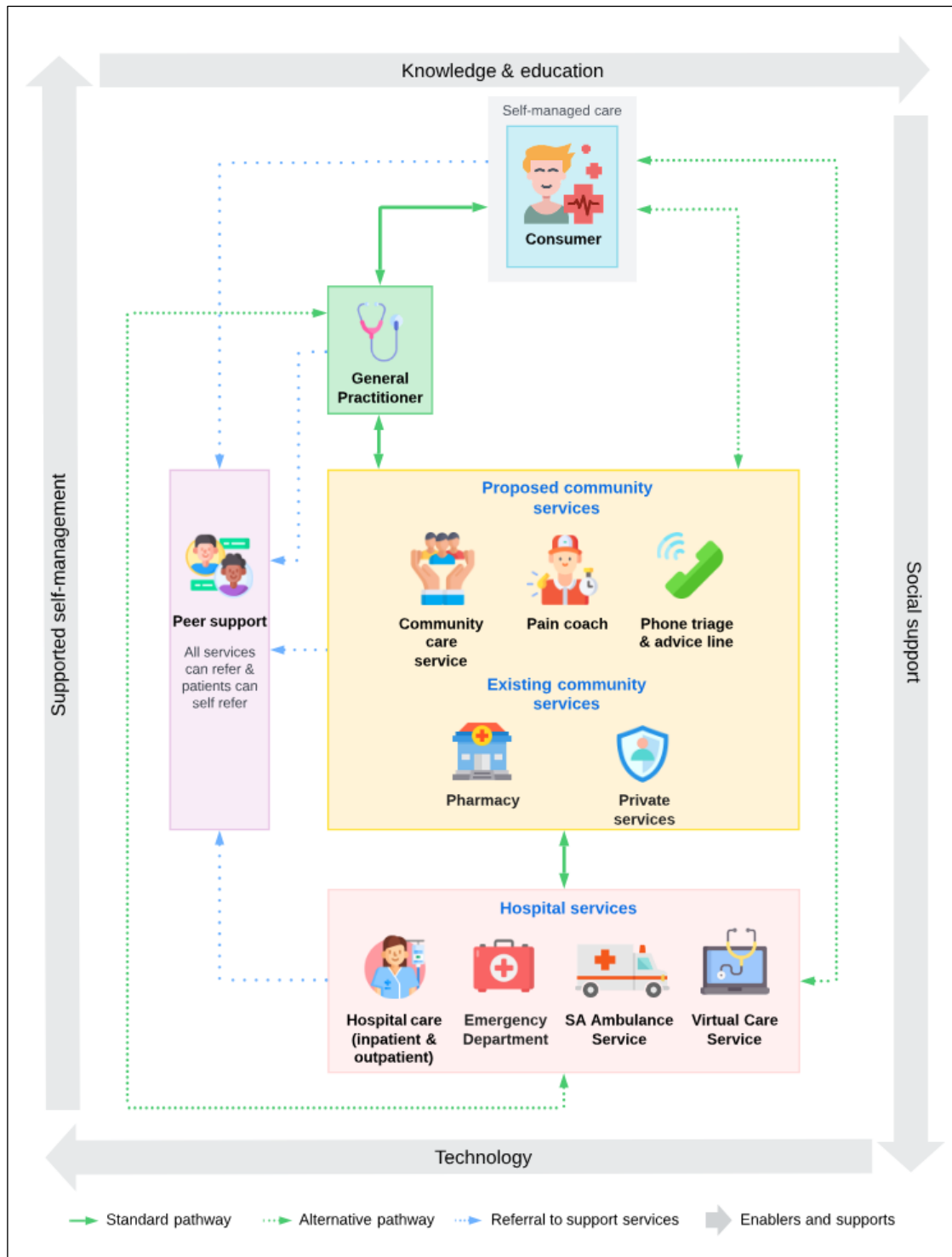


Proposed Optimal System of Care for Low Back Pain



Care flow information

- Care for people experiencing low back pain should be provided in the most appropriate setting that is usually in the community care space.
- The flow shown above is mostly bidirectional; people can move through the care continuum as needed.
- The flow does not preclude people entering the care continuum directly through the **Emergency Department or SA Ambulance Service**, however, in most cases, this won't be the optimal care pathway (i.e. care should have been provided prior to tertiary care being required).
- There are a number of places to access care in the pathway. The standard entry point in most cases is via a **General Practitioner**, however, other community care options exist.
- **Community Care Services, Pain Coach and the Phone Triage/Advice Line** are proposed new services, subject to funding availability.
- **Peer Support** also spans the continuum of care and can be referred into from any service or through self-referral.
- **Enablers and Supports** are important across the continuum of care and work in parallel to care provided by each service.