



Government of South Australia

Department of Human Services



Your ideas about restrictive practices

Department of Human Services



Easy English

Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**
- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book
- know what this book is about



- find more information.

About this book



Government of South Australia
Department of Human Services

This book is from the
Department of Human Services.



This book is about **restrictive practices** and
your ideas.



Restrictive practices may protect people with
disability from hurting

- themselves
- other people.



This book is about changes we made to the
restrictive practice rules after we heard your ideas.



We will tell you about

- ideas you have already shared
- things we still need to know.

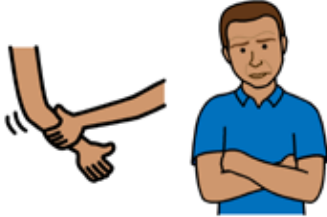


What you told us



You told us your ideas about

- what it is like to live with disability



- how restrictive practices affect people with disability.



You told us restrictive practices make it hard for you to

- move around



- do things you want to do.

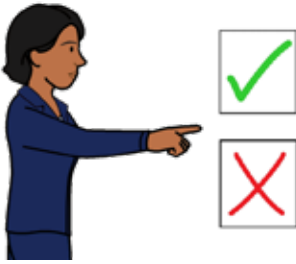
You told us that the use of restrictive practices is different for each person with disability.



You told us that better communication will help reduce the use of restrictive practices.

For example, by having regular meetings.

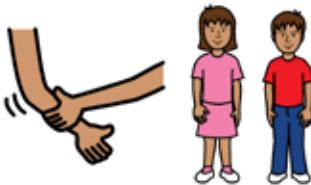
You told us your ideas about
the **Senior Authorising Officer**.



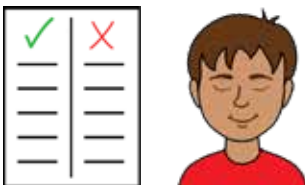
A Senior Authorising Officer is a person who
decides when to use restrictive practices.

Some people said the Senior Authorising
Officer **must**

- have the right skills
- know how to help people with disability.



You told us your ideas about restrictive
practices for children.



Some people said

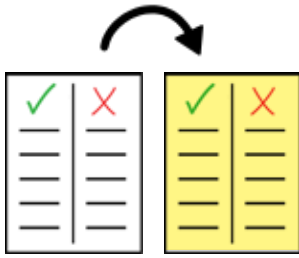
- there should be more rules made to
keep children safe



- children should **not** be **secluded**.

Secluded means people are kept away from
other people.

How your ideas have helped



After we heard your ideas we changed some rules about restrictive practices.



We made new levels to be clear about

- which practices impact on the freedom of people with disability less or more.



- who can approve different types of restrictive practices.



Level 1 is allocated to most

- **Environmental restraints**
 - for example, a locked gate



- **Chemical restraints**
 - for example, medicine to calm someone down



- **Mechanical restraints**
 - for example, equipment to keep someone safe.



Level 2 is allocated to all

- **Physical restraints**

- for example, holding someone so they can **not** move



- **Seclusion**

- for example, when someone is kept away from other people.



The new rules say that the Senior Authorising Officer

- must have a degree in allied health or a relevant degree



- should know how to lead others.



Now restrictive practices **must** be reported by

- the government



- disability service providers.

What we still need to know



We want you to tell us your ideas about

- when the Senior Authorising Officer should check the use of restrictive practices



- when the Senior Authorising Officer should do more checks for people with disability.

For example, children.



We want you to tell us your ideas about how much education and experience the Senior Authorising Officer should have.



We want you to tell us your ideas about

- other restrictive practices that should **not** be used on children or people with disability



- equipment that should **not** be used in restrictive practices.

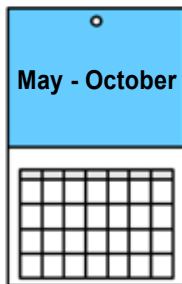
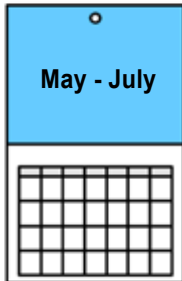


We want you to tell us how often restrictive practice reports should be sent to the Senior Authorising Officer.

For example

- every 3 months

or



- every 6 months.



You must tell us your ideas by

2 July 2021.

How to tell us your ideas



Tell us your ideas on our website

yoursay.sa.gov.au/restrictive-practices-authorisation-scheme



Send us an email

DHSRestrictivePracticesUnit@sa.gov.au



Post us a letter

Department of Human Services

Access and Inclusion

RE NDIS Restrictive Practices

GPO Box 292

Adelaide SA 5000



More information

For more information contact the
Department of Human Services.



Website

www.dhs.sa.gov.au



Email

DHSRestrictivePracticesUnit@sa.gov.au

Link to original documents

[https://yoursay.sa.gov.au/68837/
widgets/337517/documents/204870](https://yoursay.sa.gov.au/68837/widgets/337517/documents/204870)



If you need help to speak or listen use the
National Relay Service.

Call 1800 555 660



Website

communications.gov.au/accesshub/nrs

Give the relay officer the phone number you
want to call.

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