



Government of  
South Australia



human  
services

# Youth Action Plan — a plan for young people

## Easy Read Survey



# How to use this survey



The SA Government Department of Human Services (DHS) wrote this survey.

When you see the words 'we' or 'us', it means DHS.



We wrote this survey in an easy to read way.

We use pictures to explain some ideas.



This Easy Read survey is a shorter version of another survey.

If you want to tell us more things, you can use the longer survey on our website:

[https://yoursay.sa.gov.au/yoursay-sa-gov-au-youth-action-plan-2023-2026?tool=survey\\_tool#tool\\_tab](https://yoursay.sa.gov.au/yoursay-sa-gov-au-youth-action-plan-2023-2026?tool=survey_tool#tool_tab)



You can ask for help to fill in this survey.

A friend, family member or support person may be able to help you.



Our staff can help you fill in this survey.

Phone Edo on 8415 4358

Email [youthactionplan@sa.gov.au](mailto:youthactionplan@sa.gov.au)

## What's in this survey

|                                                         |    |
|---------------------------------------------------------|----|
| Why we wrote this survey .....                          | 4  |
| Important information before you start .....            | 7  |
| Questions about you .....                               | 8  |
| Questions about young South Australians .....           | 13 |
| Questions about physical health .....                   | 17 |
| Questions about mental health and wellbeing .....       | 19 |
| Questions about people with disability .....            | 22 |
| Questions about safety and justice .....                | 23 |
| Questions about education and employment.....           | 27 |
| Questions about connecting with community.....          | 32 |
| Questions about helping with government decisions ..... | 36 |
| Your comments.....                                      | 39 |
| Thank you .....                                         | 40 |
| Send this survey to us .....                            | 40 |
| Credits .....                                           | 41 |

## Why we wrote this survey



We are making a plan for young people in South Australia.



The plan is for people aged 12 to 25.



We want to make South Australia a better place for young people to live.



We want to hear from lots of young people.



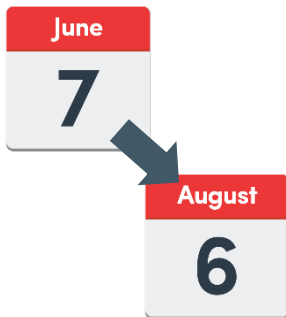
We want to hear from youth workers,  
parents, carers and anyone who has an interest in  
young people.



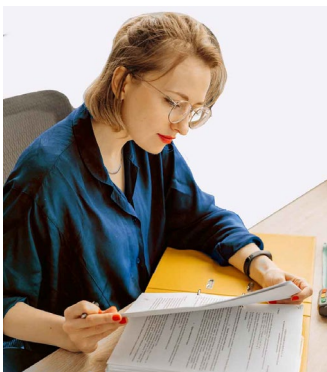
We have written this survey so you can tell us  
your ideas.



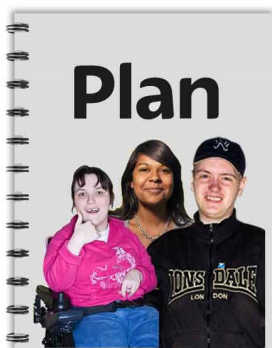
A survey is a group of questions.  
Your answers help us to understand  
your ideas and experiences.



Our survey will be open from 7 June to 6 August this year.



We will read your answers and your ideas.



We will consider your ideas for the new youth plan.

## Important information before you start



You do not have to answer all the questions.

It is your choice.



You can ask someone to help you.



You do not have to tell us your name or address.

We will not show your answers to anyone.

## Questions about you



Tick the box next to your answer.

You do not have to answer the questions.

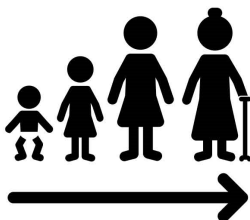
It is your choice.

### Are you?



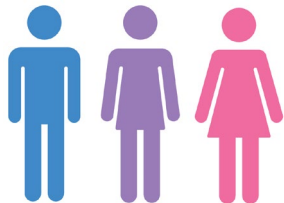
- ☐ A young person (12 to 25 years old)
- ☐ A parent or carer of a young person
- ☐ Someone who works with young people
- ☐ I am not any of these things
- ☐ I don't want to say.

### How old are you?



I am ..... years old

## How do you describe your gender?



- ☐ Boy, man or male
- ☐ Girl, woman or female
- ☐ Non-binary
- ☐ I use another word: .....
- ☐ I don't want to say.

## Where do you live?



- ☐ Adelaide or the Adelaide Hills
- ☐ the country in South Australia

If you know your postcode,  
please write it here:

.....

## Are you part of any of these groups?

You can pick more than one group.



☐ LGBTIQ+ people



☐ Aboriginal or Torres Strait Islander peoples



☐ I speak a language at home that is not English



☐ I speak English at home, but my family came from another country



☐ I am not part of any of these groups



☐ I don't want to say.

## Are you part of any of these groups?

You can pick more than one group.



☐ I am a person with disability



☐ I am a carer for a person with disability



☐ I am neurodivergent



☐ I am a young woman



☐ Sometimes it is hard for me to pay my bills



☐ I am not part of any of these groups



☐ I don't want to say.

**Have you had contact with  
the youth justice system?**



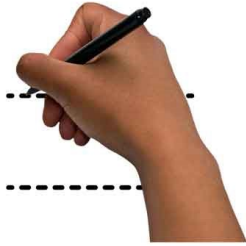
- ☐ Yes
- ☐ No
- ☐ I don't know
- ☐ I don't want to say

**Have you had contact with  
the child protection system?**



- ☐ Yes
- ☐ No
- ☐ I don't know
- ☐ I don't want to say

## Questions about young South Australians



Write your answers on the lines.

You do not have to answer the questions.

It is your choice.

**What are the 3 best things about being a young person in South Australia?**

Write your answers here

1. ....

.....

2. ....

.....

3. ....

.....

## What are 3 things young people in South Australia are great at?

Write your answers here

1. ....

.....

2. ....

.....

3. ....

.....

## What are the 3 hardest things about being a young person in South Australia?

Write your answers here

1. ....

.....

2. ....

.....

3. ....

.....

## **If you could change only one thing for young people in South Australia, what would it be?**

Write your answer here

1. ....  
.....

## **What should we call our Youth Plan?**

Write your answer here:

1. ....  
.....

## Questions about physical health



Tick the box next to your answer.

You do not have to answer the questions.  
It is your choice.

**We can encourage young people to join in physical activities in their communities. Is this a good idea?**



- ☐ Yes
- ☐ No
- ☐ I don't know

**We can talk to children and young people who have long-term illness.**

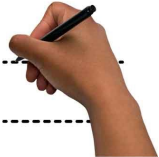
**We can ask them for their ideas about being healthy.  
Is this a good idea?**



- ☐ Yes
- ☐ No
- ☐ I don't know

**Do you have more ideas  
about how we can help young people  
to stay healthy?**

**Write your answer here**



.....

.....

.....

.....

.....

.....

.....

# Questions about mental health and wellbeing



You do not have to answer the questions.  
It is your choice.



In the South Australian government  
we have a Minister for Health and Wellbeing.

The Minister is Chris Picton.

His job is to watch over the ways  
we help people with their health.

We help people with their:



- physical health,



- mental health and wellbeing.

**We can make it easier for young people to talk with Minister Chris Picton about mental health.**

**Is this a good idea?**



- ☐ Yes
- ☐ No
- ☐ I don't know

**We can work with young people to add more mental health supports to their communities. The supports could be resources, activities or counsellors.**

**Is this a good idea?**



- ☐ Yes
- ☐ No
- ☐ I don't know

**We can make it easier for young people to get  
mental health support in school or in the community.  
Is this a good idea?**



- ☐ Yes
- ☐ No
- ☐ I don't know

## Questions about people with disability



You do not have to answer the questions.  
It is your choice.

**We can make it easier for young people with disability  
to enjoy time with friends.**

**Is this a good idea?**



- ☐ Yes
- ☐ No
- ☐ I don't know

**We can make it easier for young people with disability  
to feel valued and taken seriously.**

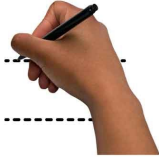
**Is this a good idea?**



- ☐ Yes
- ☐ No
- ☐ I don't know

## Do you have more ideas about how we can help young people who are living with disability?

Write your answer here.



.....

.....

.....

.....

.....

.....

.....

## Questions about safety and justice



You do not have to answer the questions.  
It is your choice.

**We can find new ways to help young people  
in foster care and kinship care  
stay out of the youth justice system.**

**Is this a good idea?**



- ☐ Yes
- ☐ No
- ☐ I don't know

**We can work with young people  
who have broken the law  
to help them stay out of the youth justice system.**

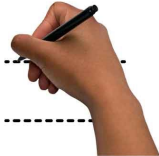
**Is this a good idea?**



- ☐ Yes
- ☐ No
- ☐ I don't know

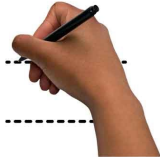
**Do you have more ideas about how we can help young people who are involved with the youth justice system?**

Write your answer here.



**Do you have more ideas  
about how we can help young people  
who have contact with the child protection system?**

Write your answer here



## Questions about education and employment



You do not have to answer the questions.  
It is your choice.



Some young people do not enjoy school.

School is hard for them.

They don't want to go to school.

**We can work with young people with disability to help them enjoy school more. Is this a good idea?**



- ☐ Yes
- ☐ No
- ☐ I don't know

**We can work with Aboriginal young people to help them enjoy school more. Is this a good idea?**



- ☐ Yes
- ☐ No
- ☐ I don't know

**It is hard for some young people to get into university or TAFE.**

**We can help young people get into more study.**

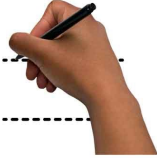
**Is this a good idea?**



- ☐ Yes
- ☐ No
- ☐ I don't know

**Do you have more ideas about how we can make school or study better for young people?**

Write your answer here



.....

.....

.....

.....

.....

.....

.....

**It is hard for some young people to get traineeships.**

**We can help young people be trainees.**

**Is this a good idea?**



- ☐ Yes
- ☐ No
- ☐ I don't know

**It is hard for some young people to get jobs.**

**We can help young people get jobs.**

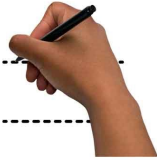
**Is this a good idea?**



- ☐ Yes
- ☐ No
- ☐ I don't know

**Do you have more ideas about how we can make it easier for young people to get jobs?**

Write your answer here



.....

.....

.....

.....

.....

.....

.....

## Questions about connecting with community



You do not have to answer the questions.  
It is your choice.



There are a lot of supports and resources for young people to use.



It can be hard to find the right information.

We can put more information about supports and resources in places like:



- your local library



- sports clubs



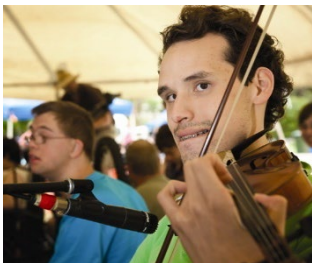
- social media.

**We can make it easier for you to find information about supports and resources. Is this a good idea?**



- ☐ Yes
- ☐ No
- ☐ I don't know

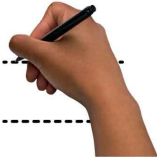
**We can give young people more ways to connect with their community and join in activities that support their wellbeing. Is this a good idea?**



- ☐ Yes
- ☐ No
- ☐ I don't know

**Do you have more ideas about how we can help young people to connect with members of their community, and improve their access to support and resources?**

Write your answer here



.....

.....

.....

.....

.....

.....

.....

## Questions about helping with government decisions



You do not have to answer the questions.  
It is your choice.



In South Australia, some young people  
live in the city.



Some young people live in the country.



We want to hear from young people  
in the city and the country.



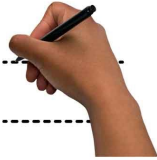
**We can help young people  
in the city and the country  
speak up about things that are important to them.  
Is this a good idea?**



- ☐ Yes
- ☐ No
- ☐ I don't know

**Do you have more ideas about how can we help young people tell us about things that are important to them?**

Write your answer here



.....

.....

.....

.....

.....

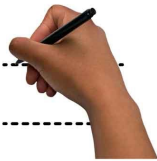
.....

.....

## Your comments

**Do you have any more ideas about South Australia's Youth Action Plan?**

Write your answer here



.....

.....

.....

.....

.....

.....

.....

## Thank you



Thank you for helping us!

## Send this survey to us

Please send this survey back to us.



Email to:

[youthactionplan@sa.gov.au](mailto:youthactionplan@sa.gov.au)



Post to:

GPO Box 292

Adelaide SA 5001

## Credits

This document was made by the Government of South Australia using Photosymbols, stock photography, the Noun Project and custom images.

*Businesswoman Giving Handshake To Man In Office Meeting Room* by Jacob Lund Photography from NounProject.com

*Portrait Of Boy Smiling Outdoor* by Scpio from NounProject.com

*Sports club* photo from Roxby Downs Council

You cannot use any of the images without permission.

We can supply this document in other formats and other languages.

Phone 8207 0127.

Version: 2023-06-07