

Northern Eyre Health Care HEALTHCARE NEWSLETTER

MONTHLY NEWSLETTER

APRIL 2025



Northern Eyre Peninsula Health Alliance's Deb Larwood and Dean Johnson.



A MESSAGE FROM YOUR COUNCILS

The Northern Eyre Peninsula Health Alliance, including the District Councils of Streaky Bay, Elliston, Wudinna, Kimba, Cleve, and Franklin Harbour, present this monthly round-up of healthcare services for the region – an outcome of the Northern Eyre Health Care project, currently running until 2027.



ALSO IN THIS ISSUE

- **LOCUM DOCTOR ROSTER – APRIL**
- **A HUB FOR HEALTH IN CLEVE**

Our region's GP clinics

MID EYRE MEDICAL PRACTICE – multiple locations

COWELL · South Terrace, Cowell, (08) 8629 3035, Mon-Fri, 9am-5pm

CLEVE · 15 Main Street, (08) 8628 2003, Mon-Fri, 9am-5pm

KIMBA · 34-36 Park Terrace, Kimba, (08) 8627 2664, Mon-Fri, 9am-5pm

ELLISTON · 3 Memorial Drive, Elliston, (08) 8687 9110, Mon-Wed, 9am-5pm

WUDINNA MEDICAL PRACTICE

8 Richards Avenue, Wudinna, (08) 8680 2005, Mon-Fri, 9am-5.30pm

STREAKY BAY & DISTRICTS MEDICAL PRACTICE

1 William Crescent, Streaky Bay. 08 8626 1072, Mon-Fri, 9am-5pm

LOCK HEALTH & WELFARE CENTRE

17 North Terrace, Lock, (08) 8689 1006, Mon-Fri, 9am-5pm.

GP service Tuesday only, 9am – 1.30pm.

Website: yoursay.sa.gov.au/northern-eyre-health-care

Email: health.northerneyrehc@sa.gov.au

Phone: 0481 464 525



Northern Eyre Health Care

Cleve health hub a regional asset

Accessing the right healthcare can be difficult anywhere, let alone on Eyre Peninsula. But in Cleve, an old bank is now a thriving health hub, which is responding to the community's need for collaborative and holistic services.



Kayla Boothby, Tina Traeger and Chantel Kassabaum at the Cleve Massage and Wellness Collective.

Over the past 10 years working from home, Remedial Massage Therapist Tina Traeger has seen cynicism towards healthcare services complementary to GP care swing around to increasing demand for them.

"When I started, someone wished me good luck making a living out of massage!" she said.

"Today, the diversity of clients I see - from elders, teens, kids, sports people, and everyone in between - shows the community has had enough of just going to the doctor and getting a pill for everything.

"People now have a real appetite for proactive healthcare before something goes wrong, or when it does, finding the root cause, and seeing a range of professionals to help with their ongoing health."

Responding to this need became a real possibility when the BankSA building in Cleve's main street became available for sale. Tina and her partner Jared have converted it into a fit for purpose healthcare hub which now houses Tina's massage team, a local counsellor, and visiting chiropractor, podiatrist, physiotherapist, naturopath, and acupuncture and Chinese medicine practitioner.

"I wanted to make this into a real community connection point, not just about me or one particular service," Tina said.

"It's worked out perfectly, and the town has really gotten behind us and really invested in the story of this transformation of an old bank left empty for 10 years, to something full of life again and user-friendly for everyone."

The benefits of a hub include the services of visiting practitioners from throughout the region are more accessible to local clients, who don't have to leave the district. For example, a football or netball player could access a local service to help with a minor knee or shoulder niggle during their season, rather than waiting for when it's convenient to travel, and that niggle becoming a major problem.

Tina said practitioners also benefited from being part of a community of health providers who easily refer to each other and collaborate for health benefits of the client.

Contact:

Cleve Massage and Wellness
11 Main Street, Cleve

0400 812 226

clevemassageandwellness.com.au

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Northern Eyre Health Care Locum doctor roster

Streaky Bay • Kimba

Monday	Tuesday	Wednesday	Thursday	Friday
31 Kimba: Dr Inwang Streaky Bay: Dr Olutayo	01 Kimba: Dr Inwang Streaky Bay: Dr Olutayo	02 Kimba: Dr Inwang Streaky Bay: Dr Olutayo	03 Kimba: Dr Inwang Streaky Bay: Dr Olutayo	04 Kimba: Dr Inwang Streaky Bay: Dr Olutayo
07 Kimba: Dr Inwang Streaky Bay: Dr Panter	08 Kimba: Dr Inwang Streaky Bay: Dr Panter	09 Kimba: Dr Inwang Streaky Bay: Dr Panter	10 Kimba: Dr Inwang Streaky Bay: Dr Panter	11 Kimba: Dr Inwang Streaky Bay: Dr Panter
14 Kimba: Streaky Bay: Dr Le Lievre	15 Kimba: Streaky Bay: Dr Le Lievre	16 Kimba: Dr Dang Streaky Bay: Dr Le Lievre	17 Kimba: Dr Dang Streaky Bay: Dr Le Lievre	18 Public holiday
21 Public holiday	22 Kimba: Dr Rawal Streaky Bay: Dr Le Lievre	23 Kimba: Dr Rawal Streaky Bay: Dr Le Lievre	24 Kimba: Dr Rawal Streaky Bay: Dr Le Lievre	25 Public holiday
28 Kimba: Dr Dang Streaky Bay: Dr Le Lievre	29 Kimba: Dr Dang Streaky Bay: Dr Le Lievre	30 Kimba: Dr Dang Streaky Bay: Dr Le Lievre	01 Kimba: Dr Dang Streaky Bay: Dr Le Lievre	02 Kimba: Dr Dang Streaky Bay: Dr Le Lievre

Returning in May: Dr Mukwevho, Dr Viki, Dr Estrada, Dr Le Lievre, Dr Ashby, Dr Olutayo

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Northern Eyre Health Care Locum doctor roster

Cleve • Cowell • Elliston

Monday	Tuesday	Wednesday	Thursday	Friday
31 Elliston: Dr Mukwevho Cowell: Dr Kada Cleve: Dr McManus	01 Elliston: Dr Mukwevho Cowell: Dr Kada Cleve: Dr McManus	02 Elliston: Dr Mukwevho Cowell: Dr Kada Cleve: Dr McManus	03 Cowell: Dr Kada Cleve: Dr Rawal, Dr Mukwevho	04 Cowell: Dr Kada Cleve: Dr Rawal, Dr Mukwevho
07 Elliston: Dr Mukwevho Cowell: Dr Dang Cleve: Dr Sorensen	08 Elliston: Dr Mukwevho Cowell: Dr Dang Cleve: Dr Sorensen	09 Elliston: Dr Mukwevho Cowell: Dr Dang Cleve: Dr Sorensen	10 Cowell: Dr Dang Cleve: Dr Sorensen, Dr Mukwevho	11 Cowell: Dr Dang Cleve: Dr Sorensen, Dr Mukwevho
14 Elliston: - Cowell: Dr Kada Cleve: Dr Mukwevho	15 Elliston: - Cowell: Dr Kada Cleve: Dr Mukwevho	16 Elliston: - Cowell: Dr Kada Cleve: Dr Mukwevho	17 Cowell: Dr Dang Cleve: Dr Mukwevho	18 Public holiday
21 Public holiday	22 Elliston: Dr Dang Cowell: Dr Kada Cleve: Dr Brown	23 Elliston: Dr Dang Cowell: Dr Kada Cleve: Dr Brown	24 Cowell: Dr Kada Cleve: Dr Brown, Dr Dang	25 Public holiday
28 Elliston: Dr Maroussem Cowell: Dr Kada Cleve: Dr Gora	29 Elliston: Dr Maroussem Cowell: Dr Kada Cleve: Dr Gora	30 Elliston: Dr Maroussem Cowell: Dr Kada Cleve: Dr Gora	01 Cowell: Dr Kada Cleve: Dr Maroussem, Dr Gora	02 Cowell: Dr Kada Cleve: Dr Maroussem, Dr Gora

Returning in May: Dr Maroussem, Dr McManus, Dr Clarke, Dr Gora, Dr Kada, Dr Sorensen, Dr Mukwevho, Dr Peyone, Dr Vignarajah